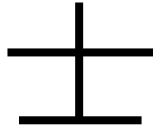


Green Belt Blue Tag - 5th Kup



Whom is Yul-Gok named after?	Yul-Gok is named after the great philosopher and scholar Yi I (1536-1584) nicknamed the 'Confucius of Korea'.
How many movements are there in Yul-Gok? And what is the diagram?	38 
What Korean for: - X-stance?	Kyocha Sogi
- Palm Hooking block?	Sonbadak Golcho Makgi
- Front elbow strike?	Ap Palkup Taerigi
- Reverse turning kick?	Bandae Dollyo Chagi
- Backfist side strike?	Dung Joomuk Yop Taerigi
- Double forearm block?	Doo Palmok Makgi
- Sparring?	Matsogi
- Obverse?	Baro
- Reverse?	Bandae

