



Green Belt - 6th Kup

Whom is Won-Hyo named after?	Won-Hyo was the monk who introduced Buddhism to the Silla Dynasty in the year 686 AD.
How many movement are there in Won-Hyo and what is the Diagram?	28 I
What does the colour green represent?	Green represents a plants growth as Taekwon-Do skills begin to develop.
What is the Korean for:	
- Close ready stance?	Moa Junbi Sogi
- Fixed Stance?	Gojang Sogi
- Bending ready stance?	Goburyo Junbi Sogi
- Circular block?	Dollymyo Makgi
- Wedging Block?	Hechyo Makgi
- Knife hand side strike?	Sonkal Yop Taerigi
- Flat Fingertip Thrust?	Opun Sonkut Tulgi
- Straight fingertip thrust?	Sun Sonkut Tulgi
-Crescent kick?	Bandal Chagi
- Hooking kick?	Golcho Chagi
- Inward?	Anuro
- Outward?	Bakuro

